



# MAYSLAKE VILLAGE LIL ACORN DECEMBER 2011

## ONGOING ACTIVITIES

*NEW RESIDENTS ALWAYS WELCOME*

- Mondays:** \*CERAMICS – 9am Lower Level Center  
\*KAST N’ KREW KLUB – 1<sup>st</sup> 2pm Frigo Hall  
\*BUNCO – 2<sup>nd</sup> 1:00pm Frigo Hall  
\*NEEDLERS FOR THE NEEDY – 4<sup>th</sup> 2pm Community Room
- Tuesdays:** \*CERAMICS – 9am Lower Level Center  
\*CRAFTS – 9am Lower Level Center  
\*WELLNESS HOUSE SUPPORT GROUP – 3<sup>rd</sup> 2:00pm Community Room
- Wednesdays:** \*S.H.I.P. INSURANCE COUNSELING – 10am-12pm Appt. only  
\*KAST ‘N KREW CHORUS – 1:30pm Frigo Hall (Not in July & August)  
\*BINGO – 7pm Auditorium  
\*BLOOD PRESSURE CHECKS – 1<sup>st</sup> & 3<sup>rd</sup> 10am-Noon Manor Lobby  
\*INSURANCE COUNSELOR – 2<sup>nd</sup> 9am-Noon Senior Center (1<sup>st</sup> in June 2011)
- Thursdays:** \*TAI CHI – 10am Lower Level Center  
\*A.A. MEETS – 12pm-1pm Community Room  
\*ARTHRITIS EXERCISE CLASS - 11:15am Lower Level Center  
\*MEN’S CLUB – 3<sup>rd</sup> 7pm Community Room
- Fridays:** \*ART CLASS – 9:30am Lower Level Center  
\*LOW VISION SUPPORT – 1<sup>st</sup> 1pm Senior Center (not in Jun, Jul & Aug)
- Saturdays:** \*PINOCHLE – 12:45pm Community Room
- Sundays:** \*CHOIR PRACTICE – 9:30am Chapel  
\*COFFEE SUNDAY – 2<sup>nd</sup> 11am Community Room

**Library** located in the Senior Center is open *Monday, Tuesday, Thursday & Friday*  
*9:30am to Noon & 1 to 3pm. Closed Wednesdays. No weekends or holidays.*  
Books, video & audiotapes. **LOW VISION AID AVAILABLE.**  
**Gift Shop** located 1<sup>st</sup> floor Annex II open *Monday thru Friday 10am–2pm*

**We are excited to announce that the theme for Life Enrichment programming in 2012 will be:**  
**Mayslake University – A Year Of Lifelong Learning**  
**We’ll have a variety of new learning opportunities all year along, plus some fun events to give you the Mayslake spirit!**

## **THURSDAY, DECEMBER 1**

### **SIGN UP STARTS FOR COOKING DEMONSTRATION – Senior Center Desk**

Our Cooking Demonstration will be December 9 at 2pm. Sign up ahead of time!

### **SIGN UP FOR CHRISTMAS THEMED JEWELRY WITH JERI – Administration Desk**

Join Jeri as she leads a jewelry class on Monday, December 12 at 10:30am – beginners are welcome! Your cost of \$5 pays for supplies as you learn to make and take home your jewelry. If you have your own jewelry tools, please feel free to bring them down; if not, no worries, we can share. Class is limited to 15 participants, so be sure to sign up.

### **SIGN UP FOR TRIP TO WELLNESS HOUSE – Administration Desk**

Our Wellness House Monthly Support and Social Group is hitting the road this month and we are headed to the Wellness House at 1pm on Tuesday, December 13. In order to be sure that we have an accurate count on how many folks are going, please sign up in advance for this trip at the Administration Desk. While there is no cost for this trip, we still need to have your medical form on file for safety purposes.

### **SIGN UP FOR CHRISTMAS LIGHT DRIVE TRIP – Administration Desk**

What's Christmas without a little drive to look at beautiful neighborhoods all lit up? We'll take a drive throughout Oak Brook and Westmont neighborhoods to look at the lights on Monday, December 19 at 4pm. This trip will be short and sweet, as you'll get a cup of hot cocoa to enjoy on the ride. We need at least 20 folks to go on this trip and a maximum of 40; sign up concludes on December 14. There's no cost, this trip is on Haley.

### **COMPUTER CLASSES (5 week course) – Administration Desk**

We are so excited to announce a partnership with the People's Resource Center, as well as the Occupational Therapy department of Midwest University, as they offer a free 5 week Introduction To Computers: Independence Through The Internet course to Mayslake Village residents. You'll learn how to surf the web, what is available on the internet, how to set up email, as well as how to be safe on the internet. The class has a maximum of 10 participants and sign up will be taken at the Administration desk beginning on December 1. The class will be held at the People's Resource Center, in their computer lab, and will be held at 2pm on the Mondays of: January 9, January 23, January 30, February 6 and February 13. Classes will be 90 minutes long and transportation will be provided by Mayslake Village. Since this is the first (of hopefully many) of these classes, we are offering this for no cost to you.

### **LINE DANCING WITH KATHY – 9am Frigo Hall**

### **TAI CHI – 10am Lower Level Center**

### **SECRET SANTA KICKOFF – 10:30am Frigo Hall**

Are you interested in getting in the holiday spirit with a little secret gift giving? If so, meet us for our kickoff today as we draw names for who your Secret person will be. We'll have you give a small gift (no more than \$2) twice a week for 3 weeks and then we'll have a Secret Santa Reveal Party on December 22 where you'll purchase a gift for your pal for no more than \$5. This is a fun way to get in the Christmas spirit. Hope to see you then!

### **ARTHRITIS EXERCISE CLASS– 11:15am Lower Level Center**

### **AA – 12pm-1pm Community Room**

### **SENIOR SUBURBAN ORCHESTRA PERFORMANCE – 2pm Frigo Hall**

Let's kick off the Christmas season with a holiday performance from the Senior Suburban Orchestra. Refreshments will be served after the performance.

### **FRIDAY, DECEMBER 2**

**PET-A-PET** – 10am Frigo Hall

**LAMBS FARM CRAFT FAIR TRIP** – 12pm Chapel

If you signed up for this trip, meet Jeri at 12pm by the Chapel.

**LOW VISION SUPPORT GROUP** – 1pm Frigo Hall

This month our Wellness Center will be facilitating the meeting. Please plan to attend and remember also that our Holiday celebration will be held on Friday, January 6th in place of our regular meeting at 1pm in Frigo Hall. If you know of someone who cannot read this please let them know. Thank you!

**VISITING GREYHOUNDS** – 1:30pm Senior Center

### **SATURDAY, DECEMBER 3**

**PINOCHLE** -12:45pm Community Room

### **SUNDAY, DECEMBER 4**

**KAST n KREW CHORUS CHRISTMAS CONCERT** – 2pm Frigo Hall

Join us as we listen to a great performance put on by our very own residents in the Kast n Krew Chorus. This performance is open to the families of the members of the Kast n Krew Chorus, as well as any Mayslake resident who is NOT in Kast n Krew. (Kast n Krew members will see the program at the luncheon on 12/5)

### **MONDAY, DECEMBER 5**

**CERAMICS** – 9am Lower Level Center

**JAZZERCISE** – 10:45am Craft Room

Please note that this week's class will be held in the Craft Room, as Frigo Hall will be occupied with the preparations for the Kast n Krew Luncheon. Thanks for your flexibility.

**KAST N KREW LUNCHEON** – 12pm Frigo Hall

Doors open for this event at noon. Admittance is with luncheon ticket only. As a reminder, please bring down cookies or a finger dessert for the sweet table.

**Wii FREE PLAY** -1pm Senior Center

**Wii LEAGUES** – 3pm Senior Center

### **TUESDAY, DECEMBER 6**

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**PEG'S FASHION** – 11am-2pm Frigo Hall

Come on down to enjoy some holiday shopping with Peggy!

**Wii FREE PLAY** – 2pm Senior Center

**Wii LEAGUES** – 4pm Senior Center

### **WEDNESDAY, DECEMBER 7**

**BREAKFAST BINGO TICKETS GO ON SALE TODAY!**

Mark your calendar for **Thursday, December 22<sup>nd</sup> from 8:00-9:30AM!**

After enjoying a hot breakfast buffet from 8:00 to 8:30am we'll play a few games of Bingo in which lucky players will win prizes donated by Mayslake Village. There will be a fee of **\$6 per person** to participate in this morning of good food, friends and lots of fun! Tickets will be sold at the Dining Room Snack Shop beginning today and continuing through Friday, December 16<sup>th</sup>.

**SHIP INSURANCE COUNSELING** – 10am-12pm Appointment Only

Please call the Senior Center desk for appointments.

**BLOOD PRESSURE CHECKS** – 10am-2pm Manor Lobby

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room

**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

### **THURSDAY, DECEMBER 8**

**A CHRISTMAS CAROL BREAKFAST AND TRIP** – 8am Dining Room

If you signed up for this trip, please join us for breakfast at 8am in the dining room. We'll head out to the bus at 9am to depart for the Paramount Theatre.

**TAI CHI** – 10am Lower Level Center

**ARTHRITIS EXERCISE CLASS**– 11:15am Lower Level Center

**AA** – 12pm-1pm Community Room

### **FRIDAY, DECEMBER 9**

*Today is the last day to sign up for the Wellness House trip.*

**ART CLASS WITH FR. DAVID** – 9:30am Craft Room

**HOLIDAYS IN THE HOLY LAND** – 10:15am Frigo Hall **\*\*Note the 10:15am start time\*\***

Join travel photographer Bill Helmuth as he takes us on a journey to Bethlehem and Nazareth. Refreshments will be served.

**COOKING DEMONSTRATION** – 2pm Frigo Hall

Watch Chef Brenda and Tracy whip up a delicious dish for us to try.

### **SATURDAY, DECEMBER 10**

**PINOCHLE** – 12:45pm Community Room

### **SUNDAY, DECEMBER 11**

**COFFEE SUNDAY** – 11am Community Room

### **MONDAY, DECEMBER 12**

*Today is the last day to submit information for January's Acorn.*

**CERAMICS** – 9am Lower Level Center

**JEWELRY WITH JERI** – 10:30am Craft Room

If you pre-registered for this class, join Jeri in the Craft Room.

**BUNCO** – 1pm Frigo Hall

Join us and bring along \$2 to play.

**Wii FREE PRACTICE** – 1pm Senior Center

**Wii LEAGUES** – 3pm Senior Center

### **TUESDAY, DECEMBER 13**

*Please note that Frigo Hall is being cleaned and waxed today and will be unavailable for use.*

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**WELLNESS HOUSE SUPPORT AND SOCIAL GROUP** – 1pm Chapel

Please note that we'll be headed to the Wellness House today for our group. Please meet Jeri by the entrance to the Chapel.

**EXERCISE YOUR MIND** – 1:30pm Community Room

**Wii FREE PLAY** – 2pm Senior Center

**Wii LEAGUES** – 4pm Senior Center

### **WEDNESDAY, DECEMBER 14**

*Today is the last day to sign up for the Christmas Light Drive.*

**INSURANCE COUNSELOR** – 9am-12pm Senior Center

**COFFEE WITH YOUR SOCIAL WORKER** – 10am Frigo Hall

Annex residents, it is your turn to meet with your Social Worker. See you there.

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room

**BINGO** – 7pm

**EARLY BIRD GAME** – 6:30pm Frigo Hall

### **THURSDAY, DECEMBER 15**

**LINE DANCING WITH KATHY** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**ARTHRITIS EXERCISE CLASS**– 11:15am Lower Level Center

**AA** – 12pm-1pm Community Room

**BIRTHDAY PARTY** – 2pm Frigo Hall

Happy birthday December babies! Join us for a performance from Babette Dean, as she sings classics for us. Thanks to Angie Garcia for her generous donation to this month's party. Also, thanks to Concord Place, Retirement and Supportive Living Community, for donating our raffle prizes!

**MEN'S CLUB** – 7pm Community Room

### **FRIDAY, DECEMBER 16**

*Please note that due to the Staff Christmas party, the dining room will be open for breakfast only from 8am-10am.*

*Today is the last day to purchase Breakfast Bingo tickets.*

**CHRISTMAS GIFT EXCHANGE PARTY** – 10:00am Frigo Hall

Looking to have some fun this morning? Join us with a wrapped gift (please pay no more than \$5) and come on down as we do a fun exchange. Refreshments will be served as well.

### **SATURDAY, DECEMBER 17**

**PINOCHLE** – 12:45pm Community Room

### **SUNDAY, DECEMBER 18**

### **MONDAY, DECEMBER 19**

**CERAMICS** – 9am Lower Level Center

**JAZZERCISE** – 10:45am Frigo Hall

**CURRENT EVENTS** – 1:30pm Frigo Hall

**Wii FREE PLAY** – 1pm Senior Center  
**Wii LEAGUES** – 3pm Senior Center  
**CHRISTMAS LIGHT DRIVE TRIP** – 4pm Chapel

If you signed up for this festive trip, join Jeri by the entrance to the chapel.

### **TUESDAY, DECEMBER 20**

**CERAMICS** – 9am Lower Level Center  
**CRAFTS** – 9am Lower Level Center  
**CHRISTMAS PARTY WITH KENNED & CARL** – 2pm Frigo Hall

Join us for our annual Christmas Party as we welcome duo Kenned and Carl for a performance sure to put you in the holiday spirit. We're even hoping for a visit from Santa at 3pm, if he isn't too busy making last minute Christmas gifts. Refreshments will be served as well. Ho, ho, ho!

**Wii FREE PRACTICE** – 2pm Senior Center  
**Wii LEAGUES** – 4pm Senior Center

### **WEDNESDAY, DECEMBER 21**

**SHIP INSURANCE COUNSELING** – 10am-12pm Appointment Only

Please call the Senior Center desk for appointments.

**BLOOD PRESSURE CHECKS** – 10am-2pm Manor Lobby  
**THE HISTORY OF CHRISTMAS CAROLS** – 10:30am Frigo Hall

Join author Rochelle Pennington (a church organist/pianist/guitarist for the past 34 years) as she explores the fascinating history behind dozens of our most memorized Christmas carols. Have you ever wondered how your favorite holiday hymn or song came into origin, or what events inspired its lyrics to be written? Pennington's narrative will offer factual perspective, behind-the-scenes trivia, and little-known insights into well-known carols. You'll be invited to sing along with gusto (or simply hum along) during the program's musical conclusion. Fa la la la la!

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room  
**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

### **THURSDAY, DECEMBER 22**

**BREAKFAST BINGO** – 8am Dining Room  
If you purchased tickets for this month's breakfast, we'll see you in the dining room!  
**TAI CHI** – 10am Lower Level Center  
**SECRET SANTA REVEAL TEA** – 10:30am Frigo Hall

If you participated in the Secret Santa program this month, come on down with your gift (no more than \$5) and enjoy exchanging with your Secret Santa, as well as scones and tea.

**ARTHRITIS EXERCISE CLASS** – 11:15am Lower Level Center  
**AA** – 12pm-1pm Community Room

### **FRIDAY, DECEMBER 23**

*Please note that in observation of the holiday, all Mayslake Village offices close at 12pm.  
The dining room will be open for breakfast only from 8am-10am.*

**CHRISTMAS TRIVIA AND GAMES WITH JERI – 10am Frigo Hall**

Join Jeri for some fun holiday games and trivia, along with hot cocoa and cookies.

**CHRISTMAS CAROLING – 6:30pm Community Room**

All are welcome (including your family!) to join the Kast n Krew Chorus for spreading good cheer throughout Mayslake by Christmas caroling. We'll enjoy hot cocoa and cookies after singing through the halls. See you then!

**SATURDAY, DECEMBER 24**

**PINOCHLE – 12:45pm Community Room**

**CHRISTIAN CHRISTMAS EVE SERVICE – 1:30pm Chapel**

Please join us for a Christian service in the Chapel. Our weekly Christian Church Service is putting on this 45 minute seated service. All are welcome!

**SUNDAY, DECEMBER 25**

*Merry Christmas To You and Yours From The Staff at Mayslake Village!*

**MONDAY, DECEMBER 26**

*In observation of the holiday, all Mayslake Village offices, transportation and dining room are closed today.*

**TUESDAY, DECEMBER 27**

**CERAMICS – 9am Lower Level Center**

**CRAFTS – 9am Lower Level Center**

**GROWING INTO THE NEW YEAR – 10:30am Frigo Hall**

Join Jeri as we think about our goals for the upcoming year. Enjoy refreshments and reflection as we focus on what we can learn and do over 2012.

**WEDNESDAY, DECEMBER 28**

**CHRISTIAN CHURCH SERVICE – 10:30am Craft Room**

**BINGO – 7pm EARLY BIRD GAME – 6:30pm Frigo Hall**

**THURSDAY, DECEMBER 29**

**TAI CHI – 10am Lower Level Center**

**ARTHRITIS EXERCISE CLASS– 11:15am Lower Level Center**

**AA – 12pm-1pm Community Room**

**NEW YEARS EVE PARTY – 2pm Frigo Hall**

Join us for an afternoon of appetizers and dancing as we welcome 2012 a few days early. We welcome jazz singer Sandi Haynes as our entertainment; be sure to put on your dancing shoes!

**FRIDAY, DECEMBER 30**

**MEAL CARDS ARE DISTRIBUTED TODAY**

*In observation of the holiday, all Mayslake Village offices will close at 12pm.  
The dining room will be open for breakfast only from 8am-10am.*

**SATURDAY, DECEMBER 31**

**PINOCHLE – 12:45pm Community Room**

**LOOKING AHEAD TO JANUARY**

**LOW VISION SUPPORT GROUP WINTER TREAT PARTY – January 6 at 1pm**

**KAST n KREW MEETING – January 9 at 2pm**

**Acorn Announcements**



**HOLIDAY DECORATING**

Thanks to all of the resident volunteers who helped Jeri decorate the Senior Center area for Christmas. We appreciate you very much!



**BIRTHDAY PARTY ON A THURSDAY?!**

Please note that our monthly birthday party is going to be held on THURSDAY, December 15 at 2pm. Due to the staff Christmas party, as well as other holiday celebrations, this worked out best for the event calendar. Please be sure to mark your calendars for this date change. Thanks!



**GIFT EXCHANGE**

Consider joining us on Friday, December 16 at 10am for a Christmas Gift Exchange party. We'll have refreshments to enjoy, as well as a fun game to exchange gifts. Please bring down a wrapped gift (no more than \$5 in value) and we'll have fun passing the gift around. See you then!



**DECEMBER BIRTHDAY BABIES**

Do you have a birthday in December? If you do, bring down a baby photo of yourself to the Senior Center! You'll get your photo back at the end of the month!



**MAYSLAKE HOLIDAY GIFT CERTIFICATES**

Need an easy holiday gift idea? Buy a Mayslake Village Dining Room Gift Certificate in increments of \$5.00. The recipient can use the gift certificate toward the purchase of breakfast, lunch or groceries in the dining room and snack shop. Purchase a gift certificate at the snack shop during regular operating hours. Happy Holidays!



**LINE DANCING**

Please note that beginning in January, we will have line dancing at 10am, as opposed to 9am on designated days. Keep your eyes peeled in January for this change.



## **WELLNESS HOUSE SUPPORT AND SOCIAL GROUP**

Please note that going forward in 2012, our Wellness House Support and Social Group will always be the 3<sup>rd</sup> Tuesday of the month at 1pm. This schedule will begin in January.



### **BOOK CLUB**

Mark your calendars for our Book Club discussion with the Westmont Public Library for January 10 at 10:30am in the Community Room. We'll be reading The Prize Winner Of Defiance, Ohio by Terry "Tuff" Ryan. This book is based on the true story of housewife Evelyn Ryan, who helped support her family by winning entries in jingle-writing contests. You're sure to enjoy this excellent read. If you prefer, you can watch the movie and come on down to discuss it too. We'll have books available for check out with Haley in the Senior Center, if you would like.



### **FREE COMPUTER CLASSES**

We are so excited to announce a partnership with the People's Resource Center, as well as the Occupational Therapy department of Midwest University, as they offer a free 5 week Introduction To Computers: Independence Through The Internet course to Mayslake Village residents. The class has a maximum of 10 participants and sign up will be taken at the Administration desk beginning on December 1. The class will be held at the People's Resource Center, in their computer lab, and will be held at 2pm on the Mondays of: January 9, January 23, January 30, February 6 and February 13. Classes will be 90 minutes long and transportation will be provided by Mayslake Village. Since this is the first (of hopefully many) of these classes, we are offering this for no cost to you. Please call Haley with any questions.



### **WRITERS AMONG US**

Christmas – by Joan Horvath

Tinsled tears, shroud  
pined branches loud,  
with bulbs, canes, and corn.  
Cookied people eaten,  
papered boxes beaten,  
with nails, hands, and haste.  
Today, splendor brings;  
Christ is born.  
Tomorrow, forgotten things.

*A Note From Haley: Please remember that I cannot always print everything in the Acorn. We have lots of information to be distributed and I try hard to use your contributions to fill in our extra space. You may not see it this month, but it will pop up in the future!*