



# MAYSLAKE VILLAGE LIL ACORN OCTOBER 2011

## ONGOING ACTIVITIES

*NEW RESIDENTS ALWAYS WELCOME*

- Mondays:** \*CERAMICS – 9am Lower Level Center  
\*KAST N’ KREW KLUB – 1<sup>st</sup> 2pm Frigo Hall  
\*CURRENT EVENTS – 2<sup>nd</sup> 1:30pm Frigo Hall  
\*NEEDLERS FOR THE NEEDY – 4<sup>th</sup> 2pm Community Room
- Tuesdays:** \*CERAMICS – 9am Lower Level Center  
\*CRAFTS – 9am Lower Level Center  
\*EXERCISE YOUR MIND – 3<sup>rd</sup> 1:30pm Community Room
- Wednesdays:** \*S.H.I.P. INSURANCE COUNSELING – 10am-12pm Appt. only  
\*KAST ‘N KREW CHORUS – 1:30pm Frigo Hall (Not in July & August)  
\*BINGO – 7pm Auditorium  
\*BLOOD PRESSURE CHECKS – 1<sup>st</sup> & 3<sup>rd</sup> 10am-Noon Manor Lobby  
\*INSURANCE COUNSELOR – 2<sup>nd</sup> 9am-Noon Senior Center (1<sup>st</sup> in June 2011)
- Thursdays:** \*TAI CHI – 10am Lower Level Center  
\*A.A. MEETS – 12pm-1pm Community Room  
\*ARTHRITIS EXERCISE CLASS - 11:15am Lower Level Center  
\*MEN’S CLUB – 3<sup>rd</sup> 7pm Community Room
- Fridays:** \*ART CLASS – 9:30am Lower Level Center  
\*LOW VISION SUPPORT – 1<sup>st</sup> 1pm Senior Center (not in Jun, Jul & Aug)
- Saturdays:** \*PINOCHLE – 12:45pm Community Room
- Sundays:** \*CHOIR PRACTICE – 9:30am Chapel  
\*COFFEE SUNDAY – 2<sup>nd</sup> 11am Community Room

**Library** located in the Senior Center is open *Monday, Tuesday, Thursday & Friday*  
*9:30am to Noon & 1 to 3pm. Closed Wednesdays. No weekends or holidays.*  
Books, video & audiotapes. **LOW VISION AID AVAILABLE.**  
**Gift Shop** located 1<sup>st</sup> floor Annex II *open Monday thru Friday 10am–2pm*

**Join us as we celebrate Germany throughout October. Look for our special events all month long and join in!**

**Next month, we celebrate France – contact Haley to get involved!**

**SATURDAY, OCTOBER 1**

**PINOCHLE – 12:45pm Community Room**

**SUNDAY, OCTOBER 2**

**MONDAY, OCTOBER 3**

*All activities in the Senior Center and Frigo Hall area are cancelled this week as we prepare for our annual Bazaar this coming weekend! Thank you for your flexibility!*

**SIGN UP STARTS FOR SONNY ACRES OUTING – Administration Desk**

We are headed to Sonny Acres for some pumpkin farm fun on Tuesday, October 18. We'll meet in the dining room at 11am for a special fall-themed meal and then head on out to the bus at noon. Lunch will be: Roasted Butternut Squash Bisque with a French Dinner Roll, Chicken Breast Marsala with roasted vegetables, Pumpkin Cake Roll with Carmel Sauce, and Hot Apple Cider. At Sonny Acres, you can spend time in their shop, pick out the perfect pumpkin, or have something sweet to eat. We'll return to Mayslake Village around 3:30pm. Your cost of \$11 includes lunch, your bus fees and a little party favor. You will need to bring money for your purchases. The last day to sign up for this trip is Tuesday, October 11 and we need at least 15 folks to go.

**SIGN UP STARTS FOR COOKING DEMONSTRATION – Senior Center Desk**

Sign up for this month's cooking demonstration, which will be held on Thursday, October 20.

**SIGN UP STARTS FOR IMPROV CLASS – Senior Center Desk**

Join Teri McEvoy for her fun and interactive class, which will be held on Monday, October 24 at 10:30am. This class is free and has a maximum of 20 participants.

**SIGN UP FOR PUMPKIN DECORATING CONTEST – Administration Desk**

Come decorate your own fall masterpiece at our workshop on Friday, October 21 at 10:30am. We will have a variety of supplies, and you are more than welcome to bring your own as well. Your cost of \$4 helps offset the cost of the pumpkin. Pumpkins will be on display in the Senior Center prior to the Birthday Party on Friday, October 28, which is also when judging will take place. The winner will receive \$15 in Mayslake Money, a gift certificate you can use toward any Life Enrichment trip or class that costs money. 2<sup>nd</sup> place will receive \$5 in Mayslake Money. Signing up ahead of time guarantees you a pumpkin, so be sure to sign up if you're interested! Sign up will end on Thursday, October 13.

**TUESDAY, OCTOBER 4**

*All activities in the Senior Center and Frigo Hall area are cancelled this week as we prepare for our annual Bazaar this coming weekend! Thank you for your flexibility!*

**SIGN UP STARTS FOR LA FRANCE CAFÉ & CREPES TRIP – Administration Desk**

Since we're celebrating France in November, we'll be headed to a French café in Lombard on Tuesday, November 1 at 11am. Your cost of \$15 covers your bus fees and lunch (you may order off the menu). The last day to sign up for this trip is October 24 and we need at least 15 folks to go.

**SIGN UP STARTS FOR PEABODY ESTATE TOUR – Administration Desk**

Join us as we tour our neighbor, the Peabody Estate, on Tuesday, November 8 at 1pm. Mayslake Hall was built between 1919 and 1921 as the retirement home for Francis Stuyvesant Peabody, one of the nation's largest coal producers. He was a national figure in Democratic politics, an avid sportsman, and a collector of original Robert Louis Stevenson manuscripts. The historic house is an outstanding example of Tudor Revival architecture, a style loosely based on a variety of English medieval building traditions. The building is listed on the National Register of Historic Places. Your cost of \$8 covers your bus fees and your admission to this docent-guided tour. The last day to sign up for this trip is October 31 and we need at least 10 people for the trip to go.

**WEDNESDAY, OCTOBER 5**

*All activities in the Senior Center and Frigo Hall area are cancelled this week as we prepare for our annual Bazaar this coming weekend! Thank you for your flexibility!*

**TODAY IS THE LAST DAY TO SIGN UP FOR THE LONG GROVE TRIP**

**TODAY IS THE LAST DAY TO SIGN UP FOR THE HERITAGE FARM TRIP**

**SHIP INSURANCE COUNSELING – 10am-12pm Appointment Only**

Please call the Senior Center desk for appointments.

**BLOOD PRESSURE CHECKS – 10am-2pm Manor Lobby**

**THURSDAY, OCTOBER 6**

*Check out our special German dishes in the dining room today!*

*All activities in the Senior Center and Frigo Hall area are cancelled this week as we prepare for our annual Bazaar this coming weekend! Thank you for your flexibility!*

**AA – 12pm-1pm Community Room**

**FRIDAY, OCTOBER 7**

*All activities in the Senior Center and Frigo Hall area are cancelled this week as we prepare for our annual Bazaar this coming weekend! Thank you for your flexibility!*

*Please note that Haley is out of the office today.*

**SATURDAY, OCTOBER 8**

**MAYSLAKE ANNUAL BAZAAR – 10am-4pm Frigo Hall/Senior Center**

**SUNDAY, OCTOBER 9**

**MAYSLAKE ANNUAL BAZAAR – 12pm-4pm Frigo Hall/Senior Center**

**MONDAY, OCTOBER 10**

*All activities in the Senior Center and Frigo Hall area are cancelled today as we clean up from our annual Bazaar this coming weekend! Thank you for your flexibility!*

*The Dining Room is closed today.*

**TUESDAY, OCTOBER 11**

*Today is the last day to sign up for the Sonny Acres trip.*

*All activities in the Senior Center and Frigo Hall area are cancelled today as we clean up from our annual Bazaar this coming weekend! Thank you for your flexibility!*

*Please note Haley is out of the office today.*

**CERAMICS – 9am Lower Level Center**

**WEDNESDAY, OCTOBER 12**

*Check out our special German dishes in the dining room today!*

**TODAY IS THE DEADLINE FOR SUBMISSIONS TO THE NOVEMBER EDITION OF THE ACORN.**

**INSURANCE COUNSELOR** – 9am-12pm Senior Center

**COFFEE WITH YOUR SOCIAL WORKER** – 10am Frigo Hall

Cloister Court residents, it is your turn to come on down to meet with your Social Worker.

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room

**KAST n KREW CHORUS** – 1:30pm Frigo Hall

**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

**THURSDAY, OCTOBER 13**

**Today is the last day to sign up for the Pumpkin Decorating Contest.**

**LINE DANCING WITH KATHY** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**HARVEST FARMERS MARKET** – 11am Dining Room

It's harvest time and a great opportunity to purchase some locally grown produce and treats. The dining room staff will be selling a few select produce items and goodies in the dining room today, beginning at 11am and continuing while supplies last. Come on down and give it a look. You can also pick up some new recipes to help you utilize your produce in different ways.

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**AA** – 12pm-1pm Community Room

**Wii FREE PLAY** – 2pm Senior Center

**MENS CLUB** – 7pm Community Room

**FRIDAY, OCTOBER 14**

**ART CLASS WITH FR DAVID** – 9:30 Lower Level Center

**LONG GROVE OKTOBERFEST TRIP** – 10am

If you signed up for this trip, join us at 10am near the entrance by the Chapel.

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**VISITING GREYHOUNDS** – 1:30pm Frigo Hall

**SATURDAY, OCTOBER 15**

**PINOCHLE** – 12:45pm Community Room

**SUNDAY, OCTOBER 16**

**MONDAY, OCTOBER 17**

*Check out our special German dishes in the dining room today!*

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**Wii FREE PRACTICE** – 1pm Senior Center

**Wii LEAGUES** – 3pm Senior Center

## **TUESDAY, OCTOBER 18**

*Please note that Frigo Hall will be cleaned and waxed today and will therefore be unavailable for use. Thank you for your flexibility!*

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**OUTING TO SONNY ACRES PUMPKIN FARM**– 11am Dining Room

Join Haley in the Dining Room at 11am for a special lunch prior to leaving for Sonny Acres.

**WELLNESS HOUSE SUPPORT AND SOCIAL GROUP** – 1pm Frigo Hall

Our first meeting in September was a huge success, thanks to everyone who attended and to the staff at the Wellness House. If you or someone you love have ever been touched by cancer, join us for a discussion group and social time. It's an amazing group that is always accepting new participants. See you then!

**EXERCISE YOUR MIND** – 1:30pm Community Room

**Wii LEAGUES** – 3pm Senior Center

## **WEDNESDAY, OCTOBER 19**

**SHIP INSURANCE COUNSELING** – 10am-12pm Appointment Only

Please call the Senior Center desk for appointments.

**BLOOD PRESSURE CHECKS** – 10am-2pm Manor Lobby

**MAYSLAKE MOVES WALKING CLUB** – 10:15am Chapel

**TRAVELOGUE WITH BILL HELMUTH** – 10:30am

Join world traveler Bill Helmuth as he takes us on a tour of Deutschland! He'll have beautiful photos and wonderful stories to share all about Germany. Join us for German refreshments and coffee, as well as an educational experience you'll enjoy.

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room

**KAST n KREW CHORUS** – 1:30pm Frigo Hall

**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

## **THURSDAY, OCTOBER 20**

**TAI CHI** – 10am Lower Level Center

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**AA** – 12pm-1pm Community Room

**COOKING DEMONSTRATION** – 2pm Frigo Hall

Join Tracy and Chef Brenda for their monthly cooking demonstration – yum!

## **FRIDAY, OCTOBER 21**

**ART CLASS WITH FR. DAVID** – 9:30am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**PUMPKIN DECORATING WORKSHOP** – 10:30am Frigo Hall

If you pre-registered, please join us to decorate your pumpkin! We'll have a variety of supplies, but you are more than welcome to bring your own as well. Pumpkins will be on display in the Senior Center prior to the Birthday Party on Friday, October 28, which is also

when judging will take place. The winner will receive \$10 in Mayslake Money, a gift certificate you can use toward any Life Enrichment trip or class that costs money.

**OWLS: WHAT A HOOT!** – 2pm Frigo Hall

Join Mark Spreyer, Executive Director of the Stillman Nature Center in Barrington, as he brings the outdoors inside of Frigo Hall. Mark did his graduate work in Minnesota on great gray owls and then went on to organize and direct Chicago's peregrine falcon release program. Mark will give an informative and interactive presentation about owls...and he'll even bring a few along with him. Join us for apple cider and a high flying, fun learning opportunity!

**SATURDAY, OCTOBER 22**

**PINOCHLE** – 12:45pm Community Room

**SUNDAY, OCTOBER 23**

**MONDAY, OCTOBER 24**

*Today is the last day to sign up for the Café and Crepe Trip.*

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**IMPROV WITH TERI MCEVOY** – 10:30am Lower Level Center

If you pre-registered for this free class, please join us!

**JAZZERCISE** – 10:45am Frigo Hall

**Wii FREE PRACTICE** – 1pm Frigo Hall

**NEEDLERS FOR THE NEEDY** – 2pm Community Room

**Wii LEAGUES** – 3pm Senior Center

**TUESDAY, OCTOBER 25**

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**HERITAGE FARM AND BAVARIA HOF OUTING** – 9:30am

Meet at 9:30am if you signed up for this German trip!

**Wii FREE PRACTICE** – 1pm Senior Center

**Wii LEAGUES** – 3pm Senior Center

**WEDNESDAY, OCTOBER 26**

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**CHRISTIAN CHURCH SERVICE** – 10:30am Craft Room

**FINDING YOUR WAY AROUND PACE** – 10:30am Frigo Hall

Join Bryce D. Word, Special Projects Manager with the Office of External Relations of Pace, He began his 9 year career at Pace as a bus driver in the paratransit division in Elgin, IL while working through graduate school at Northern Illinois University. Many of his duties include going through Pace's six county service area and educating the public on the transit options that are available within the region. Bryce will educate you on the viability, reliability and accessibility of Pace services and how the agency's transit offerings can improve your quality of life.

**KAST n KREW CHORUS** – 1:30pm Frigo Hall

**BINGO** – 7pm

**EARLY BIRD GAME** – 6:30pm Frigo Hall

**THURSDAY, OCTOBER 27**

*Check out our special German dishes in the dining room today!*

**LINE DANCING WITH KATHY** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**AA** – 12pm-1pm Community Room

**MONSTER MASH AND BOO-GO** – 2pm Frigo Hall

Dress up in your Halloween costume and join Haley for this Halloween extravaganza. We'll have a costume contest, refreshments and play a few games of BOOGO (Halloween bingo) too. See you then!

**FRIDAY, OCTOBER 28**

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**BIRTHDAY PARTY** – 2pm Frigo Hall

Happy birthday October babies! Join us for a performance from the Frank K Duo as they sing Oktoberfest classics (and other songs too!). Thanks to Angie Garcia for her generous donations to this month's party. Also, thanks to Concord Place, Retirement and Supportive Living Community, for donating our raffle prizes!

**SATURDAY, OCTOBER 29**

**PINOCHLE** – 12:45pm Community Room

**SUNDAY, OCTOBER 30**

**MONDAY, OCTOBER 31**

*Boo - Happy Halloween!*

*Today is the last day to sign up for the Peabody Estate trip.*

**MEAL CARDS ARE DISTRIBUTED TODAY**

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**TRICK OR TREATING WITH VILLAGE CHILDREN'S ACADEMY** – 10:30am Frigo Hall

We love this annual event and especially love seeing all of the kids dressed up in their Halloween costumes! Join us for trick or treating (and a performance of some fun fall songs) with our friends at the Village Children's Academy. Please bring down candy (individually wrapped, no peanuts please) for 80 children. Please feel free to dress up in your Halloween best too!

**Wii FREE PRACTICE** – 1pm Frigo Hall

**Wii LEAGUES** – 1pm Senior Center

**LOOKING AHEAD TO NOVEMBER**

**ART INSIGHTS: IMPRESSIONISTS** – November 2 at 10:30am (Frigo Hall)

**LOW VISION SUPPORT GROUP** – November 3 at 1pm (Craft Room)

Our regularly scheduled meeting will take place at 1pm in the **Lower Level Craft Room** this month. The meeting will be shortened so that those attending will have plenty of time to

get into FRIGO HALL for the grand celebration that none will want to miss.

If you know of a resident who may not be able to read this, please let them know. Thank you!

**UNITED STATES NAVY GREAT LAKES BAND CONCERT**–November 4 at 2pm (Frigo Hall)

## *Acorn Announcements*



### **SPARE CHANGE FOR THE BUS**

You may have heard this phrase around lately. With the Mayslake Bazaar approaching, we have added a new committee - "Spare Change for the Bus". We will be setting up big plastic jars with a picture of a bus in the Administration Office, in the Senior Center, and in the Dining Room, asking you to put your spare change in your pockets and/or pocketbooks - pennies, nickels, dimes - in the jars for the new bus. (We do realize that quarters are a very valuable commodity, as we use them for the washers and dryers). We are asking **only for your spare change** - your 27 cents and somebody's 32 cents and someone else's 13 cents - it all adds up! During the Bazaar, we will be walking around asking for spare change. But now is Mayslake's opportunity to get a head start. Will you look in the bottom of your pocket for those few pennies and nickels and dimes? It really does all add up to help pay for a new bus for us. You may not ride the bus today, but perhaps next month, or next year you might be a regular rider. Or, you may ride the bus on our outings, or you may just wish to donate to help your neighbor. Whatever your reason, please join us as we donate our **"SPARE CHANGE FOR THE BUS."**



### **CALLING ALL VETERANS**

We will celebrate Veteran's Day on November 11, with a ceremony beginning at 10:30am and a moment of silence at 11:11am. We will be displaying photos of our Mayslake Veterans and those currently serving throughout November. Please bring down photos with your name/apartment number/phone number on them, along with the name of the person in the photo and their relationship to you. Please bring them down anytime in October, as we will display them beginning November 1. You will get your photos back at the end of November. Please bring photos of yourself, your husband, family members, etc. Let's give our Veterans and those currently serving the recognition they deserve!



### **BOOK CLUB RETURNS IN NOVEMBER**

Due to a great meeting in September, Sheila from the Westmont Public Library will be back on November 8 at 10:30am to lead a discussion on the book Sarah's Key by Tatiana de Rosnay. Pick up the book and join us in November for another great discussion.



### **OCTOBER BIRTHDAY BABIES**

Do you have a birthday in October? If you do, bring down a baby photo of yourself to the Senior Center! You'll get your photo back at the end of the month!



### **GAMES AVAILABLE IN SENIOR CENTER**

Looking for something to do on the weekends, evenings or afternoons? There are games available for your use in the Senior Center. Feel free to enjoy the games in the Senior Center and return them back to the table so others can use them as well. If you'd like to see something there, please let Haley or Mary know and we'd be happy to look into it. Thanks!



### **NEEDLERS FOR THE NEEDY**

Are you looking for a way to fill those long winter hours that lie ahead? If so – and you can knit or crochet, then consider helping the “Needlers For The Needy” group. Regardless of your level of expertise, we would welcome you. We can furnish yarn, needles, patterns and some assistance. You can obtain great fulfillment in providing warm, winter items to those less fortunate. Why not fill some of your spare time to help others by utilizing some of your God-given talents? IT's easy, fun and provides great personal rewards.

Meetings are held on the 4<sup>th</sup> Monday of each month at 2pm in the Community Room.

For more information and/or *donations of yarn*, please contact Dolores.



### **TRIP OPPORTUNITY**

Divine Providence Senior Club is sponsoring a 7 day, 6 night trip to New Orleans March 25-31, 2012. Cost includes 10 meals, lodging, and guided tours. For more information, contact Marianne Krasucki.



### **A FEW GOOD MEN**

The Mayslake Men's Club is looking for more members. The Men's Club helps Mayslake Village as well as having fun times out together. If you're interested, please contact Bill Drish.