



# MAYSLAKE VILLAGE LIL ACORN MAY 2011

## ONGOING ACTIVITIES

*NEW RESIDENTS ALWAYS WELCOME*

- Mondays:** \*CERAMICS – 9am Lower Level Center  
\*KAST N’ KREW KLUB – 1<sup>st</sup> 2pm Frigo Hall  
\*CURRENT EVENTS – 2<sup>nd</sup> 1:30pm Frigo Hall  
\*PARKINSON SUPPORT – 4<sup>th</sup> 1pm Lower Level Center  
(Not in July, August, November or January)  
\*NEEDLERS FOR THE NEEDY – 4<sup>th</sup> 2pm Community Room
- Tuesdays:** \*CERAMICS – 9am Lower Level Center  
\*CRAFTS – 9am Lower Level Center  
\*EXERCISE YOUR MIND – 3<sup>rd</sup> 1:30pm Community Room
- Wednesdays:** \*KAST ‘N KREW CHORUS – 1:30pm Frigo Hall (Not in July & August)  
\*BINGO – 7pm Auditorium  
\*BLOOD PRESSURE CHECKS – 1<sup>st</sup> & 3<sup>rd</sup> 10am-Noon Manor Lobby  
\*INSURANCE COUNSELOR – 2<sup>nd</sup> 9am-Noon Senior Center
- Thursdays:** \*TAI CHI – 10am Lower Level Center  
\*A.A. MEETS – 12pm-1pm Community Room  
\*ARTHRITIS EXERCISE CLASS - 11:15am Lower Level Center  
\*MEN’S CLUB – 3<sup>rd</sup> 7pm Game Room
- Fridays:** \*ART CLASS – 9:30am Lower Level Center  
\*LOW VISION SUPPORT – 1<sup>st</sup> 1pm Senior Center (not in Jun, Jul & Aug)
- Saturdays:** \*PINOCHLE – 12:45pm Community Room
- Sundays:** \*CHOIR PRACTICE – 9:30am Chapel  
\*COFFEE SUNDAY – 2<sup>nd</sup> 11am Community Room

**Library** located in the Senior Center is open *Monday, Tuesday, Thursday & Friday*  
*9:30am to Noon & 1 to 3pm. Closed Wednesdays. No weekends or holidays.*  
Books, video & audiotapes. **LOW VISION AID AVAILABLE.**  
**Gift Shop** located 1<sup>st</sup> floor Annex II *open Monday thru Friday 10am–2pm*

**Join us as we celebrate Mexico and Latin America  
throughout May. Look for our special events all month long  
and join in!**

**Next month, we celebrate Asia – contact Haley to get  
involved!**

**SUNDAY, MAY 1**

**CHOIR PRACTICE** – 9:30am Chapel

**MARQUEE: MAYSLAKE HAS TALENT** – 2pm Frigo Hall

You must have a ticket to attend this last performance of this year's Marquee. Seating begins at 1:30pm.

**MONDAY, MAY 2**

**BREAKFAST BINGO TICKETS GO ON SALE TODAY!**

**Mark your calendar for Tuesday, May 17<sup>th</sup> from 8:00-9:30AM!**

After enjoying a hot breakfast buffet from 8:00 to 8:30am we'll play a few games of Bingo in which lucky players will win prizes donated by Mayslake Village. There will be a fee of **\$6 per person** to participate in this morning of good food, friends and lots of fun! Tickets will be sold at the Dining Room Snack Shop beginning today and continuing through Friday, May 13<sup>th</sup>.

**SIGN UP STARTS FOR COOKING DEMONSTRATION**

Sign up for this month's cooking demonstration which will be held on Monday, April 18 at 2pm in Frigo Hall.

**SIGN UP STARTS FOR HOMEMADE CARDS WITH MARIA**

Maria is back with her homemade card class this month on Monday, May 23 at 10:30am. Cost is \$2 and goes to supplies. We are limited to 15 participants, so be sure to pre-register and save your place.

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15am Chapel

If you're interested in walking with some fellow residents, join us at the entrance by the Chapel. Wear your walking shoes!

**JAZZERCISE** – 10:45am Frigo Hall

**Wii FREE PLAY** – 2pm Senior Center

**TUESDAY, MAY 3**

**VOLUNTEER LUNCHEON TICKETS ARE AVAILABLE FOR PICK UP AT THE SENIOR CENTER DESK BEGINNING AT 9am.**

*As always, to be eligible to attend our Volunteer Appreciation Luncheon, you must have served on a REGULAR basis from May 2010 to the present. The management staff and others have compiled a list of volunteers.*

If you meet this description, you are cordially invited to our Luncheon:

***Volunteers Bloom At Mayslake Village***

***On Thursday, May 19 at Noon.***

Seating will begin at 11:45; please enter from the door by the Chapel.

In order to make sure that you are indeed attending, **only you** may pick up your ticket; your neighbor cannot pick it up for you unless you call the Senior Center receptionist and give her the okay.

**The last day to pick up tickets will be Friday, May 13 at noon. Unfortunately, no tickets may be distributed after this date, as we need to have a final count to the dining room, as well as prepare favors and nametags.**

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**HISTORY OF COMEDY** – 2pm Frigo Hall

Mr. Larry Bergnach, from Reminiscing With Larry, will have you rolling in your seats and busting a gut with the Funniest Comedians. Skits will include Henny Youngman, Johnny Carson, Phyllis Dillard, Rodney Dangerfield, Jack Benny and many more. Be sure to stop in and have a few laughs.

### **WEDNESDAY, MAY 4**

**SIGN UP BEGINS FOR OUTING TO CANTIGNY IN THE ADMINISTRATIVE OFFICES BY THE CHAPEL. 9am-12pm**

Our next outing will be held on Tuesday, May 17. We will depart at 1pm for Cantigny's First Division Museum, dedicated to the Big Red One. Explore American history as seen through the eyes of the First Infantry Division and gain a renewed appreciation for those who serve to protect our freedoms. With more than 38,000 square feet, the First Division Museum provides an immersive and stimulating experience for visitors of all ages. Cost will be \$5 per person, due at sign up.

***THIS OUTING REQUIRES EXTENSIVE WALKING. PLEASE BE SURE YOU ARE ABLE TO WALK THROUGHOUT THE LARGE MUSEUM.***

**BLOOD PRESSURE CHECKS** – 10am-2pm in the Manor Lobby

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**CHRISTIAN CHURCH SERVICE** – 10:30 Craft Room

**UPDATE AND RESEARCH WITH RUSH UNIVERSITY** – 1:30pm Frigo Hall

Join Rush University Medical Center's Susan Frick, MSW, as she discusses the latest research on brain health and memory loss. She will discuss the upcoming ASPIrin in Reducing Events in the Elderly (ASPREE) research and how you can help researchers learn if older adults can remain independent and live longer, healthier lives by taking a daily aspirin. See more information in the Social Services section of the Acorn.

**BINGO** – 7pm

**EARLY BIRD GAME** – 6:30pm Frigo Hall

### **THURSDAY, MAY 5**

***Watch for special Hispanic Fiesta selections in the dining room!***

**SIGN UP BEGINS FOR OUTING TO BE GUEST READERS AT THE CHILDREN'S VILLAGE ACADEMY** – 9am Senior Center Desk

We are traveling once again to the Children's Village Academy to read to the kids and have refreshments. We will depart at 9:45am and return around 11:15am. You **MUST** sign up in advance.

**LINE DANCING WITH KATHI** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**AA** – 12pm-1pm Community Room

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**CINCO DE MAYO FIESTA** – 2pm Frigo Hall

Come celebrate Cinco de Mayo with entertainment from Los Dorados and refreshments. See you then!

### **FRIDAY, MAY 6**

**SIGN UP BEGINS FOR IMPROV CLASS WITH TERI MCEVOY**

She's back by popular demand! Join Teri McEvoy for her Improv Class in Frigo Hall on Tuesday, May 24 at 10:30am. So that her class can be interactive, we are limiting participants to 20, so be sure to sign up soon. This class is free of charge.

**ART WITH FR. DAVID** – 9:30am Lower Level Center

**PET-A-PET** – 10-11am Frigo Hall

As usual, a volunteer from the Hinsdale Humane Society, along with their trained therapy dog, will be visiting with us on this first Friday of the month.

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**LOW VISION SUPPORT GROUP** - 1pm Frigo Hall

Our guest speaker will be our good friend Polly Abbott from GUILD FOR THE BLIND. Polly is a rehabilitation instructor and will present simple ways to organize more efficiently that will help make your daily life more manageable. Being safer and happier is the goal and Polly has lots of hints that will help. Questions are encouraged. We hope you can join us for this meeting which will be our final one until September.

### **SATURDAY, MAY 7**

**PINOCHLE** – 12:45pm Community Room

### **SUNDAY, MAY 8**

*Happy Mother's Day!*

**CHOIR PRACTICE** – 9:30am Chapel

**COFFEE SUNDAY** – 11am Community Room

All residents are welcome to enjoy coffee, sweets and socialization!

A \$1 donation is appreciated to offset expenses.

### **MONDAY, MAY 9**

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**COFFEE AND GAMES WITH MARY** – 10:45am Frigo Hall

Come on down to get to know Mary Nebor, our Life Enrichment Assistant. She'll supply the coffee and some games too. See you then!

**KAST N KREW MEETING** – 2pm Frigo Hall

**Wii FREE PLAY** – 2pm Senior Center

## **TUESDAY, MAY 10**

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**WINSTON CHURCHILL WITH DAN MYERS** – 2pm Frigo Hall

Winston Churchill's lived to be 90 years old, and his life was filled with excitement and drama. He played a prominent role in the late 19<sup>th</sup> Century colonial wars of the British Empire, as well as World Wars I and II; held every British government office other than Foreign Secretary; met and was intimate with virtually every world leader during the first half of the 20<sup>th</sup> Century; and, was awarded the Nobel Prize for Literature. This presentation covers his entire life and times, including rare photos and brief excerpts from his speeches.

## **WEDNESDAY, MAY 11**

**COFFEE WITH YOUR SOCIAL WORKER** - 10am Frigo Hall

Center residents, it's your turn to meet with your Social Worker. See you!

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**CHRISTIAN CHURCH SERVICE** – 10:30 Craft Room

**KAST n KREW CHORUS** – 1:30pm Frigo Hall

**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

## **THURSDAY, MAY 12**

*Watch for special Hispanic Fiesta selections in the dining room!*

**SIGN UP BEGINS FOR OUR MEXICAN RESTAURANT OUTING AT THE ADMINISTRATION DESK 9AM-12PM**

Sign up for our outing to Las Palmas Restaurant on May 31. Payment of \$10 includes a buffet lunch, drink and gratuity. You may not order off the menu, as we have booked a buffet only meal.

**TAI CHI** – 10am Lower Level Center

**AA** – 12pm-1pm Community Room

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**SPRING FLING** – 1pm Frigo Hall

Join Marie Charlton and Haley as we dance the afternoon away to some great tunes. Swing on down to have a great time!

## **FRIDAY, MAY 13**

*Today is the last day to pick up your ticket to the Volunteer Luncheon!*

*TODAY IS THE DEADLINE FOR SUBMISSIONS TO THE MAY EDITION OF THE ACORN. HALEY RESERVES THE RIGHT TO DECIDE WHAT IS PUBLISHED.*

**ART CLASS WITH FR. DAVID** – 9:30am Lower Level Center

**VINTAGE HAT SHOW AND TEA** – 10am Frigo Hall

Join Heather Edgington for a presentation on A Century of Hats (with a few familiar faces as models) and enjoy some tea and refreshments. Wear your own hat and be entered into a drawing to win some fabulous prizes!

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**VISITING GREYHOUNDS** – 1:30pm Frigo Hall

**SATURDAY, MAY 14**

**PINOCHLE** – 12:45pm Community Room

**SUNDAY, MAY 15**

**CHOIR PRACTICE** – 9:30am Chapel

**MONDAY, MAY 16**

**CERAMICS** – 9am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**JAZZERCISE** – 10:45am Frigo Hall

**COOKING DEMONSTRATION** – 2pm Frigo Hall

For those that pre-registered, please join our very own Chef Brenda and Tracy as they wow us (and our taste buds!).

**Wii FREE PLAY** – 2pm Senior Center

**TUESDAY, MAY 17**

**BREAKFAST BINGO** – 8am Dining Room

For those that have tickets, please join us for a breakfast buffet and Bingo.

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

*Lunch is moved back to 11:30am today due to Breakfast Bingo.*

**OUTING TO CANTIGNY** – 1pm

If you pre-registered and paid, please join Mary as she departs for the outing from the entrance by the Chapel.

**EXERCISE YOUR MIND** – 1:30pm Community Room

**WEDNESDAY, MAY 18**

*Watch for special Hispanic Fiesta selections in the dining room!*

**BLOOD PRESSURE CHECKS** – 10am-2pm in the Manor Lobby

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**CHRISTIAN CHURCH SERVICE** – 10:30am - Craft Room

**KAST n KREW CHORUS** – 1:30pm Frigo Hall

**BINGO** – 7pm                      **EARLY BIRD GAME** – 6:30pm Frigo Hall

**THURSDAY, MAY 19**

**LINE DANCING WITH KATHI** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**TRAVELOGUE TO MEXICO WITH CARLY** – 10:30am Frigo Hall

Join our well-traveled volunteer, Carly, as she takes you on a virtual tour of Mexico.

**AA** – 11am-2pm Community Room

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**VOLUNTEER APPRECIATION LUNCHEON** – 12pm Dining Room

For those with tickets, seating begins at 11:45am. Please enter through the door near the Chapel area. Music will be provided by violinist Jennifer Silk.

**MENS CLUB – 7pm Community Room**

**FRIDAY, MAY 20**

**ART CLASS WITH FR. DAVID – 9:30am Lower Level Center**

**GUEST READERS OUTING – 9:45am**

If you pre-registered, meet Mary as she departs for the Children's Village Academy from the doors BY THE SENIOR CENTER.

**PLEASANTVIEW SCHOOL SPRING PROGRAM – 10am Frigo Hall**

**MAYSLAKE MOVES WALKING CLUB – 10:15 Chapel**

**BINGO WITH CHILDREN'S VILLAGE ACADEMY – 1pm Frigo Hall**

**SATURDAY, MAY 21**

**PINOCHLE – 12:45pm Community Room**

**SUNDAY, MAY 22**

**CHOIR PRACTICE – 9:30am Chapel**

**MONDAY, MAY 23**

**CERAMICS – 9am Lower Level Center**

**MAYSLAKE MOVES WALKING CLUB – 10:15 Chapel**

**HOMEMADE CARDS WITH MARIA – 10:30am Frigo Hall**

If you pre-registered, join Maria to learn how to make a few cards.

**PARKINSON'S SUPPORT GROUP – 1pm Lower Level Center**

**NEEDLERS FOR THE NEEDY – 1:30pm Community Room**

**CURRENT EVENTS – 1:30pm Frigo Hall**

**TUESDAY, MAY 24**

**CERAMICS – 9am Lower Level Center**

**CRAFTS – 9am Lower Level Center**

**IMPROV WITH TERI MCEVOY – 10:30am Frigo Hall**

For those that pre-registered, come on down for a morning of laughs!

**JOYFUL VOICES CONCERT – 1pm Frigo Hall**

Join us as we watch the concert from the Joyful Voices group – you'll see quite a few Mayslake residents in the choir as they perform The Sound Of Music.

**WEDNESDAY, MAY 25**

*Watch for special Hispanic Fiesta selections in the dining room!*

**MAYSLAKE MOVES WALKING CLUB – 10:15 Chapel**

**CHRISTIAN CHURCH SERVICE – 10:30am Craft Room**

**KAST n KREW CHORUS – 1:30pm Frigo Hall**

**BINGO – 7pm                      EARLY BIRD GAME – 6:30pm Frigo Hall**

**THURSDAY, MAY 26**

**SIGN UP BEGINS FOR ANDREW SISTERS REVUE OUTING – 9am-12pm  
Administration Desk**

We will be headed to White Fence Farm in Joliet on Tuesday, June 28 for a lunch matinee performance of the Andrews Sisters Revue by the Legacy Girls.

The cost of the outing is \$35 and includes the show, bus fees and a lunch of their famous fried chicken. Sign up is limited to 20 residents, so be sure not to miss your chance! Money is due at time of sign up.

**MEMORIAL DAY MOMENT OF SILENCE** – 9am Frigo Hall

**TAI CHI** – 10am Lower Level Center

**LATIN AMERICA TRAVELOGUE WITH CARLY** – 10:30am Frigo Hall

Come join our Life Enrichment Volunteer, Carly, as she takes us through Latin America!

**AA** – 11am – 2pm Community Room

**ARTHRITIS EXERCISE CLASS**– 11:15-12:15 Lower Level Center

**A TASTE OF LATIN AMERICA POTLUCK** – 2pm Frigo Hall

Haley will supply the chips and salsa; bring down a Mexican or Latin American dish to pass.

### **FRIDAY, MAY 27**

#### **MEAL CARDS ARE DISTRIBUTED TODAY**

**ART CLASS WITH FR. DAVID** – 9:30am Lower Level Center

**MAYSLAKE MOVES WALKING CLUB** – 10:15 Chapel

**BIRTHDAY PARTY** – 2pm Frigo Hall

Happy birthday May babies! Join us as we enjoy entertainment from mariachi singer Gabriel Estrada III to top off our month. Thanks to Angie Garcia for her contribution to this month's party.

### **SATURDAY, MAY 28**

**PINOCHLE** – 12:45pm Community Room

### **SUNDAY, MAY 29**

**CHOIR PRACTICE** – 9:30am Chapel

### **MONDAY, MAY 30**

*Happy Memorial Day*

*Mayslake Offices, Dining Room and Services will be closed for the holiday.*

### **TUESDAY, MAY 31**

**CERAMICS** – 9am Lower Level Center

**CRAFTS** – 9am Lower Level Center

**OUTING TO MEXICAN RESTAURANT** – 11am

If you pre-registered meet Mary at the entrance by the Chapel and you are off to Las Palmas for your buffet lunch.

**LATIN AMERICA DANCE PERFORMANCE** – 2pm Frigo Hall

Come on down to see two professional dancers from the Arthur Murray Studios in Naperville as they perform multiple Latin American dances. They'll do the Rumba, Salsa, and much more. You'll want to be sure to catch this one!

**LOOKING AHEAD TO JUNE**

**LINE DANCING** – June 2 at 9am in Frigo Hall

**PET A PET** – June 3 at 10am in the Senior Center

**BARB'S BOUTIQUE** – June 3 from 10am-3pm in Frigo Hall

**KAST N KREW MEETING** – June 6 at 2pm

**Acorn Announcements**



**POPPY DAY IS MAY 26. 2011**

Harriett Davis and Dorothy Pawelski (members of the American Legion Auxiliary) will be selling poppies on:

Wednesday, May 25<sup>th</sup> (BINGO)

Thursday, May 26<sup>th</sup> at breakfast and lunch

Wear a poppy to show your support for our veterans. Poppies are made by disabled veterans. As this is an ALL VOLUNTEER program, 100% of the money collected is used to help veterans and their families. Let's all show our appreciation to the men and women who have served our country to preserve our freedom.



**ST. FRANCIS AND ITALY PILGRIMAGE**

Our own Fr. David, along with Friar Johnpaul Cafiero, is leading a pilgrimage to Italy that will go to Florence, La Verna, Assisi, Loreto and Rome. The 11 day trip is from October 16 to 26 in 2012, and offers a payment schedule throughout 2012. If you are interested in reading more about the trip, the itinerary, and other details, stop by the Senior Center desk, where we have additional information.



**MEMORIAL DAY**

In honor of Memorial Day, we will be reading the names of those fallen in battle during our Memorial Day Moment Of Silence. If you have family or friends who have died in battle and would like them to be honored, please give their names to Haley by May 20.



**VOLUNTEERS NEEDED**

Are you looking for a way to help out at Mayslake Village? The Dining Room is looking for help for folks to clear tables after lunch. If you're interested and can help out one or a few days a week, please see Tracy.



**MAY BIRTHDAY BABIES**

Do you have a birthday in May? If you do, bring down a baby photo of yourself to the Senior Center! We're starting to post photos all month long of our birthday residents as babies. You'll get your photo back at the end of the month!



### **A CHANGE TO OUTING SIGN UPS**

In order to help with Accounting measures, any outing that requires payment will now have sign ups at the Administration Front Desk, by the Chapel, on designated days from 9am-12pm. For the next few months, checks are preferred. Beginning in July, we will only accept checks. Thank you for your patience as we change this procedure.



### **LARGE PRINT CALENDARS**

Due to several suggestions from residents, the one page calendar will no longer be in the Acorn. If you would like a calendar, please note that large print calendars on legal sized paper are now available at the Senior Center reception desk. Please come on down and get one if you prefer the calendar format.



### **A WRITER AMONG US**

Our own Mayslake resident, Mary C. Frank would like to share some of her writing over the next months of the Acorn. Below is one of her pieces.

#### **Crown Of Tears For God**

“You make me laugh,” she giggled,  
But she never knew – my heart was breaking  
I was so blue.  
I play the clown because I must –  
And while I do – In God I trust!  
I hide my sorrow and my tears –  
Behind a mask to hide my fears –  
I do not cry for the world to see –  
But place my tear drops on a crown for Thee!  
The world another “whiner” doesn’t need –  
So I pain a smile and then proceed  
To keep a pleasant face for all to see –  
But my sorrow I wear like a crown for Thee!